

YAG Laser Instructions

Prior to Procedure:

1. Avoid sun tanning and tanning beds for 2 weeks before treatment.
2. Must be off Accutane for 6 months before treatment.
3. Avoid Retin A, glycolics or any skin irritants for 72 hours before treatment.

Post Treatment:

1. The vessels may undergo color changes that cause them to look red. The vessels may look blurry and less distinct.
2. The vessels slowly begin to fade over the next few weeks. Do not expect complete resolution of all veins with a single treatment.
3. Scabs and welting can occur, do NOT pick, scratch or remove them. This should resolve in 3 to 10 days. Apply Polysporin antibiotic ointment three times a day to these areas.
4. Do not do anything that causes increased circulation to the treated area for 5 days (massage, hot baths, steam, sauna, exercise).
5. Repeat treatments may be performed every 4 - 6 weeks. Several treatments may be required for best effects.
6. Do not expose the treated area to sun or tanning beds for 5 days. Wear a broad spectrum sunblock (Elta MD).
7. Avoid Retin A, Glycolic Acid or other topical skin irritants for 3 days after treatment and longer for any areas that are irritated.

**If you have any questions, please call
The Martin Center at 251-344-7474.**